

SCHOOL OF LIFE
VLADO ILIĆ
FAMILY CONSTELLATION
EDUCATION PROGRAM 2026–2027

Contact Information

Kommunikatives Bildungsinstitut

Bei der Hollerstaude 12

85049 Ingolstadt

School of Life Vlado Ilić

Family Constellation

Education Program

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Introduction

By facing the shadows in the soul, we come closer to the light.

Vlado Ilić

Imagine a small path in a forest after a tractor has passed through it following the rain. Deep tracks from the wide tractor tires remain pressed into the ground.

Now imagine riding a bicycle and trying to keep your balance on narrow tires beside those deep tracks in the muddy ground, while the tracks seem to decide your direction.

A small moment of inattention is enough for you to slip back into the old, deeply pressed and familiar tractor tracks.

It is the same with energetic processes and change.

The challenge is to allow yourself something new, remain in the new, and act from the new even in familiar stressful situations.

It is often easier for students to experience a process of energetic transformation emotionally than to fully accept it mentally.

Out of habit, we often repeat old patterns and structures even when the original energetic knot is no longer there. What remains may simply be a habit.

Habits also need to be transformed.

The education group is open to everyone, regardless of previous experience or education.

To join the education group, a participant must first attend one Family Constellation seminar led by Prof. Vlado Ilić.

Enrollment is open throughout the year.

The education program is planned on a yearly basis and may continue for several years.

This education, like all other programs led by Prof. Vlado Ilić, requires courage and a clear decision: YES, YES to Life.

Education Groups

The groups are open and offer several paths: education for personal growth and development, education with continuous project mentoring, and education that can lead to certification for professional work in Family Constellations.

In a conversation with Vlado Ilić and his team, you can receive information about your individual education program.

To join the education, you must register with the seminar organizer.

You can register on working days by phone or email at beograd@orderoflove.com.

Students registered at one of the centers may attend all seminars organized by the Vlado Ilić School of Life without an additional charge. This allows them to gain more practice hours and experience.

Goals of the Education

Participants gain knowledge about natural orders and explore different parts of their own personality, their place in their family of origin and wider systems, and possible energetic entanglements.

They also develop a subtle sensitivity for recognizing fine differences in the messages of the field of universal knowledge.

Through this process, participants learn to apply what they have learned so they can understand their own lives more clearly and solve everyday life tasks.

At the same time, they learn to recognize their own abilities and limits, with the aim of helping others without personal intention or pressure.

The knowledge can be used for personal development, professional progress, consulting, or therapeutic work. It may be applied in individual sessions, groups, work with couples, families, children, and specific clinical populations, always from a broad and phenomenological perspective.

Education Paths

The education is mainly practical. Relatively little time is spent on theory, while independent study and professionally guided learning are expected.

1. Education for Personal Growth and Development

This open program is intended for everyone and does not require special previous knowledge.

A CV and proof of completed formal education must be submitted with the registration.

2. Education for Working With Clients

Specialization for future systemic consultants requires strong professional knowledge in the field in which the participant wishes to work.

A CV and proof of official education must be submitted with the registration.

Education for future systemic therapists requires completed professional education in the human sciences, such as medicine, psychiatry, psychology, pedagogy, special education, teaching, sociology, or a related field.

A CV and proof of official education must be submitted with the registration.

Applicants who do not meet these criteria may, depending on their education, life experience, professional experience, and development before and during the education, be given credit for other forms of personal and professional development.

Students in the final years of university may begin the education before receiving their degree.

Intensive or Accelerated Education

Healthcare professionals and other participants with previous experience and advanced professional education may receive credit for previous forms of development. The planned duration of the education may therefore be shortened.

You may explain your request for accelerated education in a personal conversation with Vlado Ilić. During this conversation, you will receive information about your individual education program and the possibilities for shortening, accelerating, or intensifying the training.

3. Professional Development

Education for systemic therapists and consultants requires completed basic education in Family Constellations.

After completing this professional development, the participant may receive the title Certified Systemic Therapist/Consultant in Family Constellations.

A CV and proof of official education are required.

Education for certified systemic therapists and consultants requires completed Family Constellation education and an existing title as a certified systemic therapist or consultant.

After completing this level, the participant may receive the title Certified Specialist Systemic Therapist/Consultant in Family Constellations.

Education for certified specialist systemic therapists and consultants requires completed Family Constellation education and an existing specialist title.

A CV and proof of official education are required.

4. Education With the Possibility of Earning Income

Alongside the education paths listed above, participants may earn income through projects such as organizing seminars, Family Constellation education, congresses, workshops, and other live or online programs under the professional guidance of Prof. Vlado Ilić.

5. Education With Continuous Project Mentoring

This program supports participants in reaching business and professional goals and in personal development.

Mentoring may last 3, 6, 9, or 12 months, depending on the participant's needs and wishes.

Education Program, Titles, and Competencies

1. Personal Growth and Development

The focus is learning through not-knowing and personal responsibility, becoming familiar with basic cosmic laws, and understanding personal processes and family-system dynamics.

Participants learn the basic theoretical and methodological concepts of Family Constellations and the natural energetic laws that operate within a family system.

This helps them apply what they learn to understand their own lives more clearly and work with everyday challenges.

Required guided meditation programs: Here and Now and Source of Life.

Required books: Acknowledging What Is, Culture of Conflict, and Duffy and Neff.

After completing this education, the participant may receive a certificate confirming successful and active participation in the Family Constellation education group.

2. Training for Work With Clients

Specialization for Future Systemic Consultants, Minimum 680 Hours

This path requires strong professional knowledge in the field in which the participant wishes to work as a systemic consultant.

A CV and proof of official education are required.

Required guided meditations: Here and Now, Source of Life, and Light.

Required books: Acknowledging What Is, Culture of Conflict, Laws of Destiny, and Duffy and Neffy.

After completing this level, the participant may receive a certificate of competence for work in the Family Constellation field and the title Systemic Consultant.

Specialization for Future Systemic Consultants and Therapists, Minimum 680 Hours

Through practical experience, participants deepen their theoretical knowledge, develop sensitivity and the ability to feel, deepen their understanding of how the field works, and learn to apply the principles in practice.

Required guided meditations: Light and Initiation.

Required books: The Face Without a Mask, Laws of Destiny, and Illness as a Path.

After completing this level, the participant may receive a certificate of competence for work in the Family Constellation field and the title Systemic Consultant/Systemic Therapist.

Specialization for Future Certified Systemic Consultants and Therapists, Minimum 950 Hours

The focus is understanding one's role as a therapist or consultant and one's place in the client's system.

Participants learn to understand their own abilities and limits so they can help clients without personal intention or prediction.

They deepen their sensitivity in using information received through the central participant and representatives and learn to separate important information from unimportant information.

Required guided meditations: Peace and Loving Yourself.

Required books: Illness as the Language of the Soul and Life Crises as Opportunities for Development.

After completing this level, the participant receives a certificate of competence for work in the Family Constellation field and the title Certified Systemic Therapist/Consultant in Family Constellations.

3. Professional Development

Specialization for Certified Systemic Therapists and Consultants, Minimum 1,220 Hours

Participants deepen their knowledge and intensively develop a refined sensitivity for subtle differences in the messages of the field of universal knowledge.

They also develop the ability to leave behind learned categories of behavior. This is education in not-knowing.

The focus is on self-awareness, personal development, reflection on one's own actions, and deepening professional and consulting competencies.

After completing this level, the participant receives a certificate of competence for work in the Family Constellation field and the title Certified Specialist Systemic Therapist/Consultant in Family Constellations.

Education for Trainers of Systemic Consultants and Therapists

This path includes supervision and individual training for assistants and trainers in Family Constellations.

After completing this level, the participant receives a certificate for educating consultants and therapists in the Family Constellation field and the title Trainer of Systemic Consultants and Therapists in Family Constellations.

4. Education With the Possibility of Earning Income

In addition to one of the previously selected education programs, the participant develops organizational abilities and skills.

The participant also learns to apply Family Constellation knowledge and tools in practice through organizing different forms of education and communicating with clients, participants, and other people involved in the process.

This work takes place under the professional guidance of Prof. Vlado Ilić and with the support of his assistant, Jelena Ilić.

There is also a possibility of earning income, depending on the success of organizing these activities.

This program is intended for those who want a deeper understanding of working with clients and more intensive preparation for professional work.

5. Education With Continuous Project Mentoring

This program includes individual work with the participant to start a business, improve business results, and support personal growth and development in any area of life, according to the participant's needs and wishes.

Possible topics include:

- symptoms of illness
- sustainable family development
- fulfillment in an intimate partnership
- creating a family
- establishing an optimal family order
- preparation and support for conception, pregnancy, birth, and raising children
- businesses in hospitality, healthcare, agriculture, technology, services, energy, education, coaching, professional training, therapeutic work, and other sectors
- discovering one's purpose in this life, here and now

Registration link: <https://forms.gle/RAKMUmmBZCpuHQFe8>

Student Responsibilities

1. Personal Growth and Development

Certificate: successful and active participation in the Family Constellation education group.

To qualify for the certificate, candidates must complete the following during the education year:

- Write an essay showing that they have understood and applied Family Constellation tools in everyday personal life. The presentation lasts 15 minutes. The essay must be submitted electronically at least 10 days before the presentation date.
- Successfully present and defend one seminar paper that includes a theoretical part and a practical exercise. The oral defense lasts 20 minutes.
- Lead one personal guided meditation without reading from paper.

Activities include meditation practice, small-group meetings between seminars, interactive review of papers and required reading, and self-awareness of personal processes.

The personal essay about achieved self-awareness should be two A4 pages and presented to the education group in 15 minutes.

2. Training for Work With Clients

Future Systemic Consultants

Certificate: competence for work in the Family Constellation field and the title Systemic Consultant.

Requirements during the education year:

- Write an essay confirming the use of Family Constellation tools in everyday personal and professional life. The presentation lasts 15 minutes, and the essay must be submitted electronically at least 10 days in advance.
- Successfully defend one seminar paper with a theoretical part and practical exercise. The defense lasts 20 minutes.
- Complete the exercise 'Being the Empress/Emperor in Your Own Kingdom.'
- Complete at least two satisfactory consulting sessions with clients in the participant's own professional field.
- Lead two personal guided meditations. The Teacher chooses the subject and time of one meditation without advance notice.

The personal essay should be two A4 pages and presented to the education group in 15 minutes.

Activities include meditation practice, group meetings between seminars, interactive analysis of papers and required reading, self-awareness of personal processes, and reflection on themes from one's profession.

Competencies include consulting, life coaching, group work related to one's profession, family relationships, partnership, and resolving interpersonal conflict.

Future Systemic Consultants/Systemic Therapists

Certificate: competence for work in the Family Constellation field and the title Systemic Consultant/Systemic Therapist.

Requirements during the education year:

- Write an essay confirming the use of Family Constellation tools in everyday personal and professional life. The presentation lasts 15 minutes, and the essay must be submitted electronically at least 10 days in advance.
- Successfully defend one seminar paper with a theoretical part and practical exercise. The defense lasts 20 minutes.
- Complete the exercise 'Being the Empress/Emperor in Your Own Kingdom.'
- Complete at least two satisfactory consulting sessions with clients in the participant's own professional field.

- Lead two personal guided meditations. The Teacher chooses the subject and time of one meditation without advance notice.

Activities include meditation practice, meetings between seminars, interactive analysis of papers and required reading, self-awareness of personal processes, reflection on personal themes, and reflection on themes from one's profession.

Competencies include consulting, life coaching, group work related to one's profession, family relationships, partnership, and resolving interpersonal conflict.

Future Certified Systemic Consultants and Therapists

Certificate: competence for work in the Family Constellation field and the title Certified Systemic Therapist/Consultant in Family Constellations.

Requirements during the education year:

- Write an essay confirming the use of Family Constellation tools in everyday personal and professional life. The presentation lasts 15 minutes, and the essay must be submitted electronically at least 10 days in advance.
- Successfully defend two seminar papers that include theory and a practical exercise. In agreement with the Teacher, one subject may be freely chosen. The presentation time is 20 minutes.
- Complete three satisfactory therapeutic sessions with clients.
- Lead one personal guided meditation. The Teacher chooses the time and topic without advance notice.

Activities include meditation practice, meetings between seminars, interactive analysis of papers and required reading, self-awareness of personal processes, and reflection on personal and professional themes.

Competencies include consulting, life coaching, group work, family and partnership themes, interpersonal conflict, business themes, and health promotion.

Participants who already have the legal right to use the title therapist in their home country receive the title Certified Systemic Family Therapist on the certificate. Those without that legal right receive the title Certified Systemic Consultant.

3. Professional Development

Certified Systemic Therapists/Consultants, Specialist Level

Certificate: competence for work in the Family Constellation field and the title Certified Specialist Systemic Therapist/Consultant in Family Constellations.

Requirements during the education year:

- Successfully defend two seminar papers that include theory and a practical exercise. In agreement with the Teacher, one topic may be freely chosen. The presentation lasts 20 minutes.
- Complete four satisfactory therapeutic sessions with clients: two individual sessions and two parallel sessions with a colleague.
- Lead two personal guided meditations. The Teacher chooses the time and topic without advance notice.
- Present one autobiographical work.

Activities include meditation practice, meetings between seminars, interactive analysis of papers and required reading, self-awareness of personal processes, reflection on personal and professional themes, reflection on one's place in the family of origin and present family, reflection on one's place and contribution within the education group, and organizing lectures or seminars.

Competencies include consulting, life coaching, group work, family and partnership themes, interpersonal conflict, business themes, health promotion, illness and rehabilitation, personal growth and development, and organizing lectures or seminars.

Education for Trainers of Systemic Consultants and Therapists

This includes supervision and individual education for systemic therapists, counselors, and Family Constellation trainers.

All students who want a certificate, except those in the personal growth and development program, must attend at least one seminar during the education year that the Teacher leads outside the Republic of Serbia or outside the participant's home country.

Professional License

The professional license represents support from the Vlado Ilić School of Life in your work with clients.

The license is valid for five years after receiving the certificate.

To renew the license, the participant must attend one seminar and one education session each year and present an autobiographical work.

In the fifth year after the certificate and license are issued, Prof. Vlado Ilić, the Teacher, evaluates the participant's maturity and decides whether the license will be extended.

Theoretical Foundations

1. General Foundations

- Important predecessors of Family Constellation work, including Virginia Satir
- General systems theory: homeostasis, feedback and information, exchange, and equifinality
- Family therapy
- Development of theory: the Milan group, Palo Alto, Minuchin, and Boszormenyi-Nagy
- Primal therapy: primary, secondary, and meta-emotions
- Transactional analysis
- Phenomenology and field theory
- Solution-focused principles
- Awareness of role and distance from role: identification, representation, transference, and countertransference
- The limits of personal freedom and the limits of destiny
- Soul and spirit, the empty center, and emptiness
- Ethics, respect, and appreciation
- Code of ethics
- The art and method of helping
- Ecology of the organism: a holistic approach, nutrition, food combining, detoxification, and related topics

2. Foundations of Family Constellations

- Bonding, belonging, order, and balance
- The ancestral order and integration of missing ancestors
- Individual and collective conscience and guilt
- Special situations such as adoption, disability, and systemic trauma
- Identification, energetic entanglement, and suffering for others

- Methods: classical Family Constellations, structural constellations, movement of the soul, movement of the spirit, and Parallel Constellations
- Individual work, group work, and organizational work
- Indications and contraindications
- Introduction into larger systems

3. Procedure

- Clarifying the concern and conducting the first interview
- Clarifying who belongs to the system
- Reporting and resonance with the client
- Important, useful, and unhelpful information
- Instructions for work in a systemic constellation
- Deciding what and how to place in the constellation
- Including the group
- Fixed positions compared with free movement of representatives
- Diagnostic information during the constellation: understanding changes, using information from the central participant and representatives, and removing unimportant information
- Understanding and checking solution sentences
- Introducing abstract elements

4. Areas of Application

- Social work: families and children, guardianship and adoption, children's homes, prisons, violence and abuse, alcoholism, drug addiction and other addictions, disability, and related issues
- Psychotherapy: individual pathology and systemic connections, using constellations in psychotherapy, healing the trauma of loss, restoring interrupted connection, suicidal tendencies, grief, trauma, and war trauma
- Medicine: illness and treatment, organs, medication, and prevention
- Integrative medicine: combining methods and techniques to support the client more effectively
- Schools and education: systems of teachers, students, and administration, possibilities and limits of influence, parent integration, and peer groups
- Culture, theater, and art
- Consulting with couples and families: love, intimacy, attachment, sexuality, separation, blended families, single parents, death, illness, disability, accidents, incest, sexual abuse, violence, and boundaries with other systems
- Organizations and education, including separation of professional and personal aspects
- Organizational and business constellations
- War and peace, victims and perpetrators, and integration of different cultures and races

5. The Systemic Therapist or Consultant

- Self-awareness, personal development, and reflection on one's own actions
- Education and supervision
- Group leadership and understanding group dynamics
- Empathy, authority, trust, and neutrality
- Awareness of one's body and breathing
- Professional attitude and distance from personal issues

6. Related Areas

- Consulting competencies and necessary general knowledge, including conversation skills, setup, reporting, legal questions, and professional consulting knowledge
- Constructivistic and autopoietic work and autobiographical work
- Communication, suggestive language, influence, and manipulation

- Working with intense emotions and regression
- Basic knowledge of psychological assessment
- Changing attitudes, belief systems, and limiting beliefs

Education Dates and Energy Balance

Seminar and Education Dates

- September 4–6, 2026
- October 23–25, 2026
- December 4–6, 2026
- February 19–21, 2027
- April 9–11, 2027
- May 28–30, 2027

Energy Balance for Education

Personal Growth and Development

- One payment: €2,300
- Two payments: €1,400 each, total €2,800
- Three payments: €1,067 each, total €3,200
- Four payments: €925 each, total €3,700
- Five or more payments: total €4,100

Training for Work With Clients

- One payment: €2,800
- Two payments: €1,600 each, total €3,200
- Three payments: €1,233 each, total €3,700
- Four payments: €1,025 each, total €4,100
- Five or more payments: total €4,600

Professional Development

- One payment: €3,250
- Two payments: €1,850 each, total €3,700
- Three payments: €1,367 each, total €4,100
- Four payments: €1,150 each, total €4,600
- Five or more payments: total €5,000

Continuous Mentoring

Three months:

- One payment: €1,000
- Two payments: €700 each, total €1,400
- Three payments: €633 each, total €1,900
- Four payments: €575 each, total €2,300
- Five or more payments: total €2,800

Six months:

- One payment: €2,300
- Two payments: €1,400 each, total €2,800
- Three payments: €1,067 each, total €3,200

- Four payments: €925 each, total €3,700
- Five or more payments: total €4,100

Nine months:

- One payment: €3,200
- Two payments: €1,850 each, total €3,700
- Three payments: €1,367 each, total €4,100
- Four payments: €1,150 each, total €4,600
- Five or more payments: total €5,000

One year:

- One payment: €4,100
- Two payments: €2,300 each, total €4,600
- Three payments: €1,667 each, total €5,000
- Four payments: €1,375 each, total €5,500
- Five or more payments: total €5,900

Diploma or certificate preparation cost: €100

Consultation with Jelena Ilić, Specialist in Sustainable Spiritual Development: €70 for 45 minutes

Consultation with the Teacher, Prof. Vlado Ilić, between seminars and outside the regular Friday morning education-group meetings: €140 for 45 minutes. This applies to questions about therapeutic work with clients, case studies, and seminar papers.

Package including a report on one's client work, autobiographical work, the possibility of extending the professional license, seminar participation, weekend education, and the possibility of presenting personal work: €500.

Ethical Principles and Violations

Members of the education group, as well as Family Constellation counselors, consultants, and therapists, must follow ethical principles in their personal and professional lives in relation to clients, colleagues, and teachers.

Students who show disrespect or insult the founder of the method, their Teacher, or any other person may be removed from the education group. A previously earned education level and professional license may also be taken away.

Those who violate client privacy by discussing sessions outside the education group and revealing client names or other personal information may be removed from the group. Their previously earned education level and professional license may also be taken away.

If such participants still have unpaid financial obligations, they must pay the outstanding amount as soon as possible and no later than June 30 of the current education year, even if they have been removed from the education.

If a participant stops the education during the year for any reason, cannot continue, does not want to continue, or cannot attend regularly, any remaining financial obligations must still be paid as soon as possible and no later than June 30 of the current education year.

Forms and Instructions

Students are responsible for preparing their seminar papers. The papers are not limited by strict formal rules. The following instructions are offered as possible guidelines:

1. Education registration form
2. Instructions for preparing a seminar paper
3. Small-group meeting report form

Education Registration Form

Kommunikatives Bildungsinstitut

Bei der Hollerstaude 12

85049 Ingolstadt

EDUCATION REGISTRATION

Led by Vlado Ilić and Jelena Ilić

I register for education in the school year _____ after reading the Education Program, and I accept the conditions stated in it.

Full name:

Home address:

Previous education, school, university, and/or professional title:

Telephone:

Email:

Education path:

Payment method:

Note: Candidates registering for the first time must submit a copy of their previously completed school or university qualification and a short CV.

By signing, I confirm that I have read the education program of the Vlado Ilić School of Life, Family Constellation, and that I agree with it.

In Belgrade, _____

Candidate's signature: _____

Recommendations for Preparing a Seminar Paper

1. Choosing the Topic

During the first two years, the seminar-paper topic is agreed with the mentor and is based on the existing topics in the white brochure, which represent the foundations of Family Constellations.

From the third year onward, a student may suggest a topic that is not already listed, as long as it is connected to Family Constellations.

2. Length

The recommended length is 10 to 15 pages.

The paper may be longer, but the student should remain focused and present the subject clearly, briefly, and in an organized way.

3. Technical Requirements

- Font: Times New Roman, size 12.
- Page numbering begins with the Introduction. The title page is not numbered.
- The Introduction should briefly present the topic, explain why it was chosen, why it is important in Family Constellation theory and practice, and why it is personally meaningful.
- The student decides how many chapters and subchapters to include.
- The Conclusion is an important part of the paper and may include the student's views, experiences, and suggestions.
- All sources must be listed at the end, including books, professional and scientific journals, websites, and other materials.
- Sources should be numbered from 1 onward and include the author's surname and first name, title of the work or publication, publisher, and publication year.
- For internet sources, include the date when the page was accessed.
- If tables, pictures, or photographs by other authors are used, the source must also be written under the table or image.

Citation examples:

Ruediger Dahlke (2015). Laws of Destiny. Laguna, Belgrade.

or

Ruediger Dahlke. Laws of Destiny. Laguna, Belgrade, 2015.

www.redcross.org.rs / accessed September 20, 2014.

Example Seminar Paper Title Page

Kommunikatives Bildungsinstitut

Bei der Hollerstaude 12

85049 Ingolstadt

TITLE OF THE SEMINAR PAPER

Seminar Paper

Teacher: _____

Student: _____

Belgrade, 2026

Group Meeting Report Form

4. Place and date of the group meeting
5. Meeting host
6. Meeting topic
7. Activities during the group gathering
8. Students who attended
9. Questions that arose and may be asked during the education group seminar with the Teacher

Date and place: _____

Report prepared by: _____

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