

Programme of the Second Eurasian congress on systemic constellations in Russia

“The Time of changes”

10th anniversary of systemic constellations in Russia
September 23rd-26th 2011

Report 1. Constanze Potschka-Lang (France).

What makes grieving possible: the impact of a loss on a soul.

We often deal with losses in constellations. People lose the loved ones, they lose their comrades at war, they lose homeland, they lose partners when they break up. What happens deep in our soul and how can we find a constructive way to go on living?

Report 2. Jakob Schneider (Germany).

What does it mean - “destiny”?

Contemporary man often neglects the bond with the “destiny” or acknowledges it very reluctantly. In this report basing on myths and examples from practice this notion will be explained to the extent that it has a meaning in constellational work.

Report 3. Marianne Franke-Gricksch (Germany).

Introduction into sexual education of children from systemic perspective (systemic pedagogics)

The aim of the report is to help the parents to understand how they can bring their children to be conscious about the forces that are still asleep in them and that wake up in the second half of the childhood and transform them into men and women. Respect towards the sexual forces and to the life that they can conceive is not a subject for an educational lesson. We give example to our children by our own life.

Report 4. Coline d’Aubret (France).

Time problems in constellations.

In this report we will explore the time issue based on two mythic characters, Chronos and Kairos. We will see how to work with these two energies in relationship to the question that is often arising on this subject.

Report 5. Ursula Franke-Bryson (Germany).

Systemic thinking, body-oriented therapy of trauma and power of presence.

Constellations develop very fast. New techniques follow the needs of the clients, connecting with the wisdom of therapeutic practice. Therapy of trauma and presence are one of the newest achievements that go well with systemic thinking. Constellations allow to openly involve all three levels: body, mind and soul – aiming to lasting complex changes.

Report 6. Vladimir Kozlov (Russia).

Integrative psychology and systemic integration of a family: common basis and differences.

The report is about methodological basis of integrative psychology, an analysis of systemic, metasystemic, multiparadigmatic, preparadigmatic and integrative approaches of systemic psychology will be made. The author develops his understanding of systemic integration of a family as a new phenomena in psychotherapy and psychology in his report.

Report 7. Gunthard Weber (Germany).

Challenges for systemic constellation facilitators.

Report 8. Claude Rossellet (Switzerland).

Why do we need organizational constellations?

Organizational constellations have its roots in family constellations. But now it's already an autonomous multifaceted tool. Why do we need organizational constellations? Isn't it enough to work in family constellations to find solutions for the professional context? This report explores the specifics of organizational constellations and its difference from family constellations.

We always can look at what happens in constellations from three perspectives. Our attention can be directed to the individual, to the interactions and to the interactions of the sub-systems. We often only pay attention to the individual level in constellations. But in the context of the development of the organization it's always helpful to pay attention also to the dynamics present in the collective and between collectives, and also to the interaction of some sub-systems. A good knowledge of the theory of organizations and of the management concepts is although the basis for this type of constellational work.

Report 9. Barbara Innecken (Germany).

How to recognize trauma symptoms in constellations and to avoid re-traumatization?

As facilitators we must know the basics of the trauma therapy and integrate it into our work. How a re-traumatization happens? How do we recognize trauma symptoms? How to avoid re-traumatization in constellational work? This report will put light to some aspects of these issues in order to enlarge our professional perception and it make more sensitive.

Report 10. Gerhard Stey (Germany).

Family constellation, structural constellation, organizational constellation – is it all the same?

A brief history of organizational constellations.

Report 11. Laszlo Mattyasovszky (Germany).

Development of family constellation.

The development of family and systemic constellation will be presented in a retrospective review of the most important periods. Then we will have a look at its blooming present and maybe we will have an idea of its future.

Report 12. Franz Ruppert (Germany).

“Mental diseases” as trauma consequences.

About the way the psychotraumatology explains and successfully works with such phenomena as fears, depressions, personality disorders and schizophrenia.

Report 13. Andrey Vasiliev (Russia).

The question of the morphogenetic field. Do we need to break the principle of Okkama.

Report 14. Elena Veselago (Russia).

Evolution of systemic constellations: from orders to the Movement of the Spirit.

The story of evolution of constellation philosophy of Bert Hellinger and other traditions of constellations. Classic and Spiritual constellations – how big is the difference? Transformation of the notion of System and emergence of free constellations where systemic bonds show themselves in a spontaneous way. Canonic Orders and its “violations” in the free movement of representatives.. Spirit Mind, Movement of the Spirit and “practical theology” of Bert Hellinger. Five levels of systemic solutions in contemporary constellations of different traditions.

Report 15. Sergey Korchagin (Russia).

Sacrifice, its sense and senselessness.

This report lights up the definition of a victim and sacrifice. The sense of the act of sacrifice is explained. The participating sides are indicated: who, to whom, how and why makes sacrifices. What can replace the sacrifice and what is the advantage of such replacement. The importance of this issue for the theory and practice of constellations is highlighted, including for the purpose of post-traumatic stress disorder work.

Report 16. Loktionova Albina (Russia).

Existential content of family constellation

In Russian the words constellation, existence, establish have a common root STE. Establishing is a notion of existential philosophy and psychotherapy. This way, from a pure linguistic perspective, a constellation should deal with establishing, lead to establish. On the difference to humanists, existentialists don't consider a man as being apriori good, for them he is just born, and everything that follows is just a result of a complex play of external conditions and inner transformation and of establishing of the Personal in a man. There exist subjects and processes that are common for existential philosophy, existential analysis and for systemic constellations. How a constellation can include work with basic conditions (motivations) of the existence? How it can become a "forming" process and how a person come to his/her personal establishing thru a constellation?

Report 17. Zaporozhchenko Alyona (Latvia).

Astrology, family, karma of the family lineage. The reflection of family dynamics in the astrological map.

The report confirms the theory of family constellations thru the characteristics of the planets and their positions in different homes of the horoscope. Astrological constellations according to the planets positions in the horoscope. The report doesn't require any astrology knowledge and will be easy to understand to all.

Round table 1. The future of the systemic constellations in the Russian speaking space.

Workshop 1. Constanze Potschka-Lang (France).

The borders and the possibilities of the movements of the soul.

The participants have the occasion to have a constellation on their issues. Based on these examples we will discuss different forms of the movement of the representatives during the constellation.

Workshop 2. Gunthard Weber (Germany).

The meaning of the past, the present and the future in the constellational work.

Workshop 3. Michael Blumenstein (Germany-Austria).

Orders in the systemic constellations for organizations – navigation for systemic constellation facilitators and consultants.

The organizations are social structures that are oriented towards certain goals. A system of order will be presented at the workshop that helps to find helpful images of solutions. Work with the examples of the participants will help to test the navigation on the practical level.

Workshop 4. Jakob Schneider (Germany).

From the binding love of a child to the illusions of an adult.

Many of our problems as adults are results of illusions, built in the "Secret life plan" of a child facing misfortune of the adults. In the stories from literature that are particularly touching us we can find our personal life plan. This workshop will combine constellations with work with fairytales and other stories.

Workshop 5. Jakob Schneider (Germany).

Depressions.

We can define depression as a kind of a "disease of the roots" were we turned out to be unable to absorb life juices. At the place where we can find a solution for the depression at the level of the soul we need a new healing look at the destinies of the parents so that we could accept again the life from them.

A workshop on constellations with explications.

Workshop 6. Marianne Franke-Gricksch (Germany).

About a mother's power.

Any contact is corporal. Our successful relations totally depend on our first contacts with the mother. In the constellational work we can physically turn and approach the mother and see if this approaching reaches its goal.

The relationship with our mother is healing and it's never late to have it!

Workshop 7. Marianne Franke-Gricksch (Germany).

I love you both

Will the children have a confidential relations with their father mostly depends on the mother's "permission". At this workshop we will look at the consequences that has the rejection of the father by the mother, and at how we can heal our relations with the father, if he is rejected by the mother.

Workshop 8. Constanze Potschka-Lang (France).

Supervision constellations.

How constellations can be used for supervision? This will be demonstrated on the examples and questions of the participants.

Workshop 9. Coline d'Aubret (France).

Constellations of the ancestors in the systemic work (second root of systemic problems).

The constellations of ancestors are necessary to establish bonds between generations, each time, when we lack power to realize ourselves as a man or as a woman, or when our ancestors are disconnected from the home land. These constellations are done based on precise protocols that were used in the past in the brotherhoods of dervish of Hakim. They were conserved untouched and we can use them in small or in large groups. They are similar to homeopathic "medicines" that work in favor of peace of peoples and systems in many generations.

Workshop 10. Coline d'Aubret (France).

Spiritual constellations (third root of systemic problems).

When the most important everyday difficulties are solved then it's time to come into contact with an inner source – our own "essence" that we're cut off quite often, being occupied with the flow of the everyday life. Spiritual constellations allow to define the space on the path that we still need to walk between our personality and the potential of our "essence" and then to restart a relationship with it, in order to get the power to change the level of the being. For this purpose it's useful to set an intention to develop the best level of oneself in serving others.

Workshop 11. Ursula Franke-Bryson (Germany).

The spiritual dimension of constellations

In the deepest layer the constellations always deal with life and death. To be a mortal body and an immortal spirit at the same time is the paradox of the human being. We carry all the information about our family system in our bodies. Thanks to the presence awareness we touch something that is beyond our identity, belonging, being right or wrong. We explore the presence awareness and the family trans in order to better be conscious how to create resources out of symptoms and embarrassing patterns that allow us to say a deep "yes" to everything.

Workshop 12. Ursula Franke-Bryson (Germany) and Thomas Bryson (Germany-USA).

... and the body tells about the past.

Exploring the knowledge of the system and the power of the presence.

Constellations lead us to the worlds of the unconscious, about what we only guess and what we feel in our bodies as patterns, promptings or symptoms. They all are coherent for some reality, often to some distant past of our family. Following the body and the inner images we can explore these systemic regions and due to our presence we can complete something uncompleted in ourselves and at the same time in the whole and create resources that will help us to come closer to our genuine goals.

Workshop 13. Roland Schilling (Germany).

Trauma in dependence, violence and crime committed in order to get drugs.

The consequences of traumatisations get more and more often into the focus of attention when examining multi-morbidities in people with different types of addictions, together with other psychic and somatic diseases. Here we will speak about events that are biographic for the person who uses drugs in order to deal with these events and also about traumatisations that happened in the context of the history of the dependence. This way, people that use illegal drugs often end up in the criminal and sometimes dangerous for life environment, they become victims of different forms of physical, emotional and sexual violence or become aggressors themselves.

The relatives, helpers and to the possible extent the dependent persons themselves will have an opportunity to have a constellation on the subject during this workshop.

Workshop 14. Roland Schilling and Isabel Froehlich-Rudner (Germany).

In resonance – about balance of masculine and feminine in constellations

In therapeutic work we always face both aspects of our clients of both genders – male and female. And we therapists-men and therapists-women also bring in our work these two aspects. In our joint, equal rights facilitation of constellations we can establish a wider and more multi-faceted contact with these aspects of our clients and also with men's and women's lineages in their parents' families, to connect to their systems and create especially strong work relations. Completing each other in our feminine and masculine ourselves, we can see our clients better and look for good solutions together with them.

At the workshop we offer family systemic constellations on the issues of the participants.

Workshop 15. Vlado Ilić (Germany-Serbia).

The culture of conflict.

Dealing with conflicts daily we often see them as something negative, something that embarrasses us. We try to ignore conflicts, bypass or avoid them. But more we avoid an external conflict, more an inner conflict is growing. As absurd and unnecessary as it may seem, this conflict is often unavoidable and necessary. It is a part of our life and its causes and solutions we can find not somewhere outside but deeply inside of ourselves. It may seem paradoxical at the first sight but any conflict leads to an intense rapprochement. By its inevitability it forces us to be open and revealing with each other.

During this report and during the following workshop we will explore the field of relations. If there's no peace between us and others, then we stay bounded with them in a negative way. If we allow reconciliation, living becomes easy. The soul exhales with a relief. There's place for love and inner peace in our soul again.

Workshop 16. Vlado Ilić (Germany-Serbia).

Money – the laws of the success.

Happiness, sexuality, death, life and money – essential, integral attributes of the foremother. At the same time these are the biggest taboos of the contemporary society. This is why we need to take off taboo and to transform unconscious to conscious again. If we recognize and understand the hidden dynamic and the background laws it will be more easy for us to deal with money adequately. Gustav Jung discovered that things that we can not do in a conscious way become our destiny. This is why today we handle money as something that is related to the destiny and it is time to bring it to the conscious level.

In the contemporary financial world, just as in politics, a distorted order of values, self-interest and fear dominate. And it's not just a small fear, it's a basic fear, an essential fear, not a fear of death but a fear of life, a fear of a woman – a mother – a foremother. If I'm not at peace with my mother inside of me, I can't have money as "money is life".

Workshop 17-1. Mikhail Burnyashev (Russia).

Between problem and solution.

Workshop 17-2. Mikhail Burnyashev (Russia).

Client-oriented constellations.

Workshop 18. Frank Gallenmueller (Germany).

Interrupted reach-out as expression of early attachment breaking.

How different types of early attachment and attachment breaking influence our lives and building relations in the field of tension between distance and intimacy. An introduction to the new theories of attachment will be made at the workshop, corporal exercises and constellations will be proposed in order to understand personal early experience of attachment and find healing solutions and movements.

Workshop 19. Frank Gallenmueller (Germany).

About work with couples “Please take me as I am!”

What makes us want to change the partner according to our desires although every person longs to be accepted as he or she is?

The workshop is dedicated to a deeper understanding of dynamics in couples, themes of relations between husbands and wives, mothers and sons, fathers and daughters. Exercises and constellations will be proposed during the workshop.

Workshop 20. Gunthard Weber (Germany).

About transgenerational consequences of the war and tyranny in families and about solutions.

Workshop 21. Claude Rossellet (Switzerland).

Modeling of the system to be set in constellation – organizational constellation in management.

It is necessary to define the part of the system to be explored and the level of exploration before starting an organizational constellation. A certain model of management can be helpful for this purpose. Models are in a way locality maps that allow to determine borders and define attributes or elements that are important for the solution. Such model serves as navigator tool during the constellation and facilitates focusing on the chosen part of the system. More over it can be helpful to get oriented when choosing steps to take after the constellation.

Such a model will be presented at the workshop and we will demonstrate on examples how it is possible to work with subjects from the sphere of management.

Workshop 22. Wilfried De Philipp (Germany).

Violence and love in relationships.

Love, without any doubt, manifests the best human traits in us, such as compassion, solidarity, tolerance and readiness to help. But this doesn't mean that by this it protects us from encroachments, manipulations and violence. Many problems in partnership arise out of the dilemma between the full of love attention to the partner and huge expectations about what the love should bring.

The aim of this workshop is to reopen personal love life on the background of different aspects of personal, family and collective experience.

Workshop 23. Wilfried De Philipp (Germany).

Systemic constellations in personal setting.

Nowadays individual work with systemic constellations is already considered to be an independent methods for consulting, coaching, supervision and therapy. The basis of this kind of work is provided by the experience and the discoveries of the systemic phenomenological family constellation. These methods of individual practice can adjust in a creative manner to different fields of activities.

Wilfried De Philipp, who is among the first constellation facilitators, has published in 2006 in the edition Carl-Auer-Verlag a book about systemic phenomenological work in the individual setting, this book is going to be published in Russia this year. This book and this workshop is addressed to consultants and therapists that mainly work in individual setting.

Workshop 24. Michael Blumenstein (Germany-Austria).

Systemic guidelines.

In order to work effectively and joyfully for the collectives some very precise framework conditions and inner order are necessary. Systemic guidelines provides a theoretical framework and orientation for practical steps. Framework conditions is a very specific image about management and a position facing people. Inner order requires three components: orientation, trust and succession, and also differentiation of form and content. This idea will be presented in the report and it's importance will be showed. At the following workshop the presenter will make constellations of orders of management based on the issues of the participants and will demonstrate how to use this concept in consulting company managers.

Workshop 25. Barbara Innecken (Germany).

Family constellations in individual setting with help of neuro-imaginative gestalting (NIG).

In neuro-imaginative gestalting (NIG) we work with spontaneously done drawings that are put on the floor as anchors accordingly to the inner image. During the workshop we will speak about images of certain family members, in the interaction between the client, therapist, pictures and emerging unconscious body reactions the "knowing field" can immerge where the solutions for the family are possible.

Workshop 26. Barbara Innecken (Germany).

"The steps of my life road" – creative constellational work with neuro-imaginative gestalting (NIG).

In neuro-imaginative gestalting (NIG) we work with drawings done spontaneously that are put on the floor as anchors accordingly to the inner image. During this workshop we will speak about ways to find sources of power and resources that we use in difficult situations on our life road so that it can be possible for us to make the next right step in the direction of the appropriate goal for us.

Workshop 27. Gerhard Stey (Germany).

Strategy of a company and constellation

Development of a strategy answers the question how a company can successfully position itself in the changing environment. At the same time it is necessary to consider both inner and external influence factors. Systemic organizational consulting looks at a company from positions of different interested groups with significant participation of involved persons.

This process is supported by corresponding formats of systemic constellation.

Workshop 28. Gerhard Stey (Germany).

What do we set when we set a company?

Companies are complex systems, an arena of functional regions that interpenetrate each other and often are in tension. Which structures and what logics define the reality of a company? What formats help to make them understandable?

Workshop 29. Laszlo Mattyasovszky (Germany).

Inspiration and Intuition.

My knowledge accumulated in constellations, my personal experience, the techniques of constellational work that I tested and my phenomenological position help me in my work of facilitator. The first part of the workshop is entitled "**Inspiration**". I look at inspiration as emerging moments of recognition and action from the kingdom of not-knowing. I would like to use our intense presence at the workshop to explore these moments. How inspiration becomes a special issue of creative power on the way to the solution.

The second part of the workshop is entitled "**Intuition**". My positive attitude towards the participants and their issues open the doors for intuition. Intuition is a guessing, all-of-the-sudden understanding of the essence of the problem and a light of the next step to the solution of the problem.

We will develop this group theme in both groups by joint trances, focusing discussions and constellations on the issues of the participants.

Workshop 30. Franz Ruppert (Germany).

Traumatized parents – traumatized children.

Usually this is traumatic experience that is the cause of suffering in men and as consequence it is impossible to build harmonious relations with other people. Early traumatic experience becomes for many a symbiotic trauma that occurs when a child deep in his soul is bonded with his traumatized parents. Symbiotic trauma increases risks of following traumatic experience in further life. This is why it is important from psychotherapeutic perspective to show that symbiotic trauma is the reason for many spiritual conflicts and to support the client in his search to exit this state of inner split off and the symbiotic entanglement.

Workshop 31. Franz Ruppert (Germany).

A new method of constellation – a constellation of the issue.

Different forms of constellational work exist based on different theoretical conceptions and positions of constellation facilitators. “The constellation of the issue” is a form that has been developed by Dr Ruppert. It aims to discover the trauma and the symbiotic entanglement in client and develop his desire to be autonomous and to have personal development.

Workshop 32. Stephan Hausner (Germany).

What leads to diseases in families and what heals.

Constellations and systemic solutions for people with somatic and psychosomatic diseases.

Workshop 33-1. Stephan Hausner (Germany).

Facilitator’s health.

Workshop 33-2. Stephan Hausner (Germany).

Looking into death’s eyes.

Constellational work with people suffering from live menacing diseases.

Workshop 34. Marie-Eve Mespouille (Belgium).

Therapeutic work with prenatal trauma.

A woman is pregnant, her child is going to be born soon. What happens to the child in mother’s body, what symptoms adults have related to the problems of pregnancy and how to heal such traumas in children and adults in constellations. The presenter will tell about possible traumas related to this phase of development. Theory will be illustrated by a constellation.

Theoretical part: symptoms in adults who lived thru difficulties before and at the moment of birth: loss of connection with the mother, longing, absence of the father, lost twin etc.

Practical part: meditative process with music in groups of 5. One client for each group. Feedback after the constellation in small groups. Final and questions.

Workshop 35. Marie-Eve Mespouille (Belgium)

Adopted children, desired children...

Adoption of a child by a family deserves some special attention from social assistance services. Clinical experience and constellations put some light on this phenomena discovering a lot of valuable information to solve problems that arise in such families and in institutions dealing with this issue. A constellation in group will help to feel and illustrate this.

Theoretical part: the subject of adopted children, the reasons of adoption and problems in families where an adopted child is growing. Stages of development of a child and symptoms of misfortune in such families. How constellations help to be conscious about basic systemic principles necessary for a successful adoption.

Practical part: 1-2 constellations for participants.

Workshop 36. Yermoshin Andrey (Russia).

Working out the kin problematic by the method of psychocatalysis.

Psychocatalysis is a method of regulation of psychic processes and recreation of effective self-regulation of the organism by putting attention into physical and special senses related to some

experiences. The core importance in this work belongs to the person's decisions about what was created spontaneously in the inner state and in the system to which the person belongs. A range of phenomena that can be observed in the inner work of the patients has a resonance with the phenomena that are described in systemic family constellations. The information obtained in the psychocatalysis work with kin problematic will be generalized in the report and some video demonstrations of the key moments of the sessions will be made. According to the author's belief, a combination of the methods used in systemic constellations and in psychocatalysis provides some possibilities to increase efficiency of both methods.

The use of the psychocatalysis for working out the kin problematic will be demonstrated during the workshop.

Workshop 37. Abbot Yevmeniy (Peristy, Russia).

Instruments of the Spirit.

The workshop «Instruments of the Spirit» is dedicated to practical explorations of mission and spirituality as integral aspects of a human life. It focuses on the use of contemporary psychology for the purpose of deep recognition and understanding of own soul's movements. We will look at the similarities and differences in notions "spirituality" and "religiosity", will explore the notions "field", "spiritual transformation", "shadow", "spiritual healing", "mercy" and "forgiveness". The workshop will be useful for those who is familiar or wants to be familiar to the Spiritual path and aspires to reach integrity. At the workshop we will pay special attention to silence as a way to the essential state, will search access to experience God, explore the experience of the mystics, will learn to speak from the state of silence and walk from the state of inner tranquility.

Workshop 38. Thomas Bryson (Germany-USA).

Encounters with death: a treasure in the darkness.

The central subject of systemic constellations and shamanic traditions is the encounter of a human with death. The Orders of love are the ways of biological adaptation to the reality of the death. All spiritual and philosophic traditions deal with this theme. The eternal wisdom calls us into the eye of the storm so that we could face our own mortality. We face the same questions as all our ancestors faced. How to live powerfully, joyfully and peacefully being dedicated to death at the same time? This workshop guides the direction where death instead of being our enemy transforms in our faithful companion, where we accept reality and find a treasure in the darkness.

Workshop 39. Andreyeva Natalia (Russia).

Systemic constellations and theory U-Sin.

We explore how the conceptions of the theory U-Sin (5 primal elements or archetypes) work in systemic constellations. This theory was based upon observation and analysis of the phenomena of the world around. It describes the laws of interaction as a system of connection between primal elements. U-Sin is a universal model of "network connections" which can be used to explain complex phenomena and processes in physiology, psychology, sociology, philosophy.... The cycle U-Sin reflects the harmony of a natural process. From the U-Sin perspective any process is cyclic and it goes thru five main phases that have particular parameters.

The possibilities of use of this conception in systemic constellations will be demonstrated at the workshop.

Workshop 40. Elena Veselago (Russia).

Contemporary spiritual constellations – philosophy, technology and practice.

Philosophy of the contemporary spiritual constellations. Technological approaches in spiritual constellations. Stages of constellation and "interventions". Demo works and exercises on issues of participants.

Workshop 41. Yevseyeva Yana (Russia).

Experience of use of family constellations in individual therapy of prenatal traumas, traumas of birth and early childhood.

Basic principles of use of family constellation in work with prenatal traumas, traumas of birth and early childhood are examined at the workshop. During therapy process the client lives his life from the beginning, from the moment of conceiving, thru all the fetal period, the birth and the early childhood with comprehension of what has happened. With help of sentences that re-establish the correct order in the system of the client an interrupted reaction to the traumatic event is completed on physical and spiritual level, frozen feelings and energy get released, the consciousness becomes wider and the attitude to self and to the surrounding world changes revealing hidden resources.

Workshop 42. Galina Ivanova (Russia).

Practical aspects of work with couples expecting a child in the framework of systemic phenomenological approach.

When a new family is created, the system of the father and the system of the mother unite in the future child. In this new family filed the baby receives its place. This place is not always safe for the baby, unfortunately. Systemic work with family fields of the parents while expecting a child gives a possibility to find a good place for the baby where he/she would feel protected and loved.

Workshop 43. Kanischeva Tatiana (Russia).

Combination of methods of kinesiology and constellations in individual setting.

Kinesiology uses the muscle test method and the behavior barometer to find past negative experience that influences our life today . Systemic constellational work uses representative perception for the same purpose. Each of this helping methods has its own range of techniques of harmonization of the client's state. The workshop will show how the combination of these two approaches in individual setting helps to finely make diagnostic of the problem and provide multy-leveled help.

Workshop 44. Kinevskaya Liya (Russia).

Constellations and psychic defense mechanisms (diagnostic methods of the deep psychology).

The method of constellations appeared not despite but thanks to the developing methods of psychology. The deep psychology with its range of diagnostic tools can fill in constellational work and give the therapist additional sources of understanding of clients' dynamics. The knowledge of basic defense mechanisms will help to reveal the personal context in the constellation and better comprehend the reaction of the client and our feelings in regard to him/her.

The basic defense mechanisms (expulsion, decomposition etc), clients' reactions and their impact to the therapist will be demonstrated at the workshop. The phenomena of projection and transference and their signs in constellation (influence on the representatives etc) will be mentioned. This exercise will help the therapist to be stronger on his place, to see clearly the boundaries of his/her personal and constellational space, be more effective and non-involved.

Workshop 45. Kriger Yevgeniya (Russia).

Respect of the personal boundaries.

The workshop is addressed to the facilitators that start practicing, it aims on creation of one of important abilities – the ability to be aware of the personal boundaries and to respect them. During the workshop the participants will be proposed to do exercises to explore the measure of what a facilitator can take in constellational work and to accept personal limitations.

Workshop 46. Kurkova Zhanna (Russia).

The power of the family.

Energetic nourishing and protection of the family ancestral forces of a person. New family name – new destiny. What a woman loses and gains when she takes her husband's family name. The importance of the last name of the father for a married woman nowadays. The goal of family lineage conservation. The influence of the double last name (father-husband) in different spheres of life of a woman.

Workshop 47. Korobova Lidiya (Russia).

The influence of constellational work on the personality of the facilitator

Other than theoretic knowledge, phenomenological position, clarity about personal possibilities and boundaries and the boundaries of the methods it is very important that the facilitator remembers the “Don’t harm” principle – including don’t harm yourself.

Strategy and tactics, behavior recommendations and illustrations with examples of practice of facilitators.

Workshop 48. Matveyeva Nadezhda (Russia).

Structural constellations of dreams and “day flirts”

The constellations of dreams are a kind of structural constellations. This is an interesting way of working that allows to get a resource and go on a new depth of comprehension and solution of a problem. In the process the abstract figures from the dream transform into relations with real people or into myths and beliefs. In dream constellations we can explore not only the figures but also emotional and sensual background of the dream. Constellations of obsessive uncomfortable memories, coincidences and synchronies are also part of dream constellations. Dream constellations are a great possibility to bring unconscious processes to the conscious level.

Workshop 49. Morozova Galina (Russia).

How to take care of the psycho-ecology of the inner space?

The territory of safety – the Soul, the four bodies, individuality, the Big soul – Higher power. Exploration of the subjective reality by the method of structural systemic constellations.

Workshop 50. Borodyanskaya Oksana (Russia).

Work with sexuality in the systemic phenomenological approach.

I invite the participants to explore our sexual space. What did we inherit? Whose sexual desires do we satisfy in reality? What is our own sexual nature? What taboos and limitations preset systemically our sexual behavior? We will also discuss the ways to handle the intimate space in open and delicate manner while working in a group.

Workshop 51. Potemkina Olga (Estonia).

Systemic phenomenology and structuring of the future.

Together with the participants of the workshop we will build a visible model of the “knowing” energy-informational field (constellation field). We will study the issues of space and time from the perspective of the energy-informational fields theory and how they appear in constellations. We will have one or two constellations in order to see how we can not only bring to order space and time projections with help of constellation, but also to build some new models in the future of the client. For this purpose a method of structuring of the future will be proposed as a solution-oriented technique in constellation.

Workshop 52. Sbitneva Valentina (Russia).

Use of the method of constellations in combination with other therapy methods in work with the “inner child”.

In practice we often face the fact that a client really wants to reconcile with his parents but he is not able to do it. What prevents him/her from doing it? It’s a little offended child that still lives in his/her soul. Each traumatic situation experienced in early childhood leaves marks. In case of long lasting traumatization the mental integrity of a person can be broken and an splitting can occur. The person can be unaware of its split parts and how they interact with each other. Traumatized parts of the soul often confront healthy parts. “Only when the opposite poles unite in the whole we can access life in all its integrity and love in all its fullness” – says Bert Hellinger. The work with the “inner child” is not about a return in the past, it’s more about comprehending one’s present and building one’s future.

Workshop 53. Spokoylnaya Natalia (Germany).

Constellational work with cases of trauma from sexual violence and incest.

Specifics of constellational work with recent traumas of sexual violence. From experience with children and teenagers with such traumas. Specifics of constellational work in cases on insect in the family lineage. How to handle the secrets in families. About some patterns that I notice in such cases.

Workshop 54. Cheglova Irina (Russia).

Theatre of archetypes. Scenarios and dreams, trauma and systemic service.

Theatre of archetypes is author's method in short-term systemic therapy for psychic trauma consequences. By learning basic biosocial positions (the Prince, the Warrior, the King, the Magician, the Jocker) it opens access to necessary life roles and resources. It liberates from imposed and borrowed feelings and forms of behavior. It is combined harmoniously with constellations integrating softly heavy dynamics into the space of life experience. It effectively divides personal and collective contexts in a person's life with respect.

Workshop 55. Zlatopolsky Shevah (Kazakhstan).

"The blood of the forefathers beats in my heart" : Torahs and constellations.

Whether they are direct ancestors, as it is the case for Jewish people, or archetypical images that have influenced both Christian and Islamic civilizations – the Torahs' heroes with their complex dynamics enter into dialogue with us. And the Text arises three-dimensional, allowing to have a glance at the depths ...

Workshop 56. Irina Ischenko (Ukraine).

Unfinished relations and the art of parting.

Parting often is experienced as a "small death". But what is it – an end or a beginning of a new life? This process has several stages, and the correct going thru them gives a relative guarantee that this relationship will be really finished. Sometimes unfinished relationships get stuck between a Yes and a No regardless to what or who do we lose: a lover, a friend, our relatives or an idea about life... An old wisdom says "If you want to get something you need to let go off something that you hold on to first...."

Workshop 57. Klimenko Igor (Russia).

The energy of a connection. Hopes and deceptions in relationships.

Even if a relationship is finished, deceptions and unrealized hopes continue feeding the energy in this connection. In such case the person remains dependent on this connection regardless to the fact that in reality there's no interaction. Then the sentence "Hope dies last" gets a deep sense, as well as it's more ancient analogue "I hope while I breathe" The depth of the sense is that hope will die (disappear) after us and that we always die before our hopes come true.

The acts of our loved ones that do not correspond to our expectations, events that we can not influence... What marks leave our hopes and our deceptions about this in our souls? At the workshop we will examine the difficulties of building and finishing relationships that occur because of betrayed hopes and unrealized expectations and deceptions. What happens to the energy in the connections in this cases? What do we sacrifice and what do we benefit when we stay in a relationship or when we finish it? How to create the necessary balance?

At the workshop we will focus on this subject with help of theory, practice and exercises.

Workshop 58. Pasiutina Nina (Russia).

Restoration of integrity.

Achieving of integrity and completeness, spiritual calm. Return of inner balance, psychic and physical health, creativity, joy of life, raise of self-esteem, self-confidence. Release from suffering is possible only when we will see and try to comprehend what is related to psychic traumas that occurred not only in our lives but also long ago before we were born. This is an opportunity to connect to oneself, to see own needs and desires, to learn to forgive and recognize own fears and offences, and most important – to let yourself be just as you are.

Workshop 59. Lapina Larisa (Russia) & Senkina Elena (Russia).

Experience of integration of basic shamanist ideas and constellational work.

An exploration of levels of the system where the energy of life is frozen. Contact with universal resources. Use the power of presence for healing the past. Presence awareness as resource for restoring integrity. Healing gifts of the system.

Workshop 60. Rihmaer Alyona (Russia).

“Divorce” in constellations.

In the last decade more than half of all marriages split. The workshop aims to explore possible directions of psychological assistance to people living thru a divorce. The workshop is dedicated to get acquainted with the dynamic and the specifics of the post-divorce situation.

The specifics of the work in divorce situation will be presented in the report before the workshop. The Some practical aspects of the constellational work including on issues of the participants will be studied in the practical part of the workshop and different exercises will be proposed.

Workshop 61. Ptichkina Elena (Russia).

Autopoetic constellation “Five languages of Love”

A desire to be in close relationship with someone, to be loved is the basis of human existence. Each person learns the emovemental language of Love in childhood, the language the parents speak, and this forms individual emovemental preferences. It’s your language of Love, it’s the need of love and intimacy. To define your main language of Love, to learn to speak it and to enlarge your range of melodies is the key to happy relationship and success in love. Short exercises to explore the subject and an autopoetic constellation “Five languages of Love” will be proposed at the workshop.

Workshop 62. Shabailova Galina (Belarus), Kazakevich Ekaterina (Belarus).

A woman after the war.

A look at transgenerational consequences of the war in life of contemporary women. We will present a report about our research on this subject on examples from practice in the theoretical part of the workshop. The accent is on finding resources and systemic solutions to work with women’s feelings of guilt, shame and loss of dignity. In the practical part we demonstrate examples of work with healing movements and possible resources and we invite volunteers to feel this in reality. The personal experience of the participants of this workshop is an important input into exploration of this subject. We invite all to a joint creativity on the field of constellational work.

Workshop 63. Loktionova Albina (Russia).

“Constellation with participation of the inner child”. Practical workshop with use of toys.

I can see on my experience that many people’s destinies could be different if their parents, or even earlier the couple when they decided to live together could make a constellation and get acquainted with the orders of love and could meet their inner children and could get integrative psychological help. I love children and it hurts me to see when something inside of them gets broken or stuck on the way to what they could become. If I can meet a hurt child in the adult – the work will be successful.

The part of work that I do for children’s problems can be also called “a constellation seen by the eyes of a child”.

Workshop 64. Svetozarova Svetlana (Ukraine).

Money as a category of relations.

Relationship with money is an indicator of how adapted we are in this world. We are not always aware that relationships are the most valuable thing in this world. Relation is implication of love that touches us deeply and goes far beyond ourselves, often leading to identifications and entanglements. Our relations, our duties and feelings, related to important objects for us are projected on money. Clearing up of the object relations leads to more precise and clear relations with money, what helps to open the way to own Possibilities and Power that allows to reach anything we want.

Workshop 65. Babenko Olga (Russia), Kostiletskaya Margarita (Russia).

Returning to one’s self.

A man comes to this world, gifted with the Essence – it is what he/she really is. Pristine love, joy, freedom and conscience – all this is in the Essence as a grain that needs just to be let to grow. But during education a person acquires a range of limitations and conditionalities that do not let his/her Essence to develop naturally. A person stops in his/her development, and the call of the Essence grows in her/him as worry and inquietude. The person is looking for a way to fill the emptiness, but under influence of the conditionings he/she only finds it outside, as outer influences. The conditionalities get stronger and everything goes cyclic. We invite to a journey to yourself, exploring on this way who and what we are, what conditions us, coming to comprehension of what influences our perception, our relationships, the true need of the Essence or false conditionings? How to comprehend one's own limitations and let the Essence develop naturally?

Workshop 66. Yevstratova Anna (Russia).

In search for integrity

The space for exploring and search for a way to own integrity. We will experiment with different concepts to perceive a man as a multilevel system: the system of “thin bodies”, positions “Player” – “Master” – “Author” of life, façade and shadow sides of the personality.

Workshop 67. Shpilyeva Tatiana (Russia).

“Simple things or once again about love...».

Constellational work with relationship trauma.

Where does the love go from a relationship?... And was there a love, for real?... And if not, then where did it stay, in what bound?... The workshop participants will have an opportunity to look for answers to this questions with help of a constellation and to see the link between actual relationship problems and difficult events in the family system. A special attention will be paid to the role of rituals of forgiving, respect and gratitude to return love in the relationship.

Workshop 68. Kozhevnikova Vitaliya (Russia), Shmyrina Yulia (Russia).

Image constellations.

It is not a secret that people read information about us from our look way before we get into a real direct communication. Wearing certain clothes we give unconscious setting and launch mechanisms of interpersonal communication and conformity. If we follow the idea that clothes is a short I-conception then the effect of resistance will play itself by the fight of sub-personalities that will obviously be noticeable in our looks and then will be perceived by other people. How our clients perceive our visual image? How does it correspond to our desire to correspond to certain social status and belonging to a professional community? Let's look at this issue in the mirror of the roles theory.

Workshop 69. Sokolova Valentina (Russia).

Limiting phenomena. Constellational field as way to get rid of limitations.

The life and well-being of a child depends a lot on to what extent his/her parents see the child, on how totally they are present in life. If the encounter between the child and the parents happens, then the child is well, free and successful. If the encounter doesn't happen, then the child adjusts and uses different possibilities to survive. These phenomena may accompany a person for many years. My focus of attention is a constellational space as a way to get rid of limitations (“magical” thinking, etc) to find own presence.

Price: 300 euro